



## **REGIONAL RECREATION Gymnastics/Tumbling program**

Steve Brentari has been in the Gymnastics industry for 30 years creating and developing programs that bring out the best in every child, in a fun and unique program designed to start from the ground up and the sky is the limit.

All of our children's tumbling classes are recreational in nature and are designed to develop not only gymnastic skills, but also many positive life skills. Discipline, self-confidence, strength, agility and balance are all areas we seek to develop in our students. Classes begin with an aerobic/strength activity and stretching followed by instruction at various skill stations. We teach "real gymnastics" but without the competitive vibe or the stress and pressure that many children associate with them. Our students enjoy tumbling, simply because it's FUN!

**Program will meet on the following Saturdays at the Salisbury Central School in the gym.  
April, 30, May 7,14,21, June 4, 11**

<b>AGES 9 and up</b>	<b>9:00-10:00am</b>
<b>AGES 5-6</b>	<b>10:00-11:00am or 11:00am-12:00pm</b>
<b>AGES 7 -8</b>	<b>12:00pm-1:00pm or 1:00pm-2:00pm</b>

**WE ARE OFFERING 2 AGES 5-6 and 7-8 CLASSES DUE TO HIGH DEMAND  
PLEASE ONLY REGISTER FOR ONE TIME/CLASS.**

**CLASS SIZE IS LIMITED TO 10 PARTICIPANTS PER SESSION**

**To register please go to [salisburyct.recdesk.com](http://salisburyct.recdesk.com) and  
create or log into your rec desk account.**

**The registration fee is \$60.00 must be paid on line when registering.**

**If you are unable to register on line contact Lisa McAuliffe**

**FOR FURTHER INFORMATION CONTACT LISA MCAULIFFE AT 860 435-5186 OR  
EMAIL LMCAULIFFE @SALISBURYCT.US**